

# Men of the Shepherd

## Expanded Discussion & Reflection Questions

### Personal Study, Group Reflection & Triad Discussions

These questions are designed for personal study, men's groups, or smaller triad discussions. They may be used individually, during church gatherings, within accountability groups, or as part of deeper discipleship and intentional spiritual growth.

The reflection questions throughout *100 Days of Shepherding* follow three consistent themes:

1. Personal Reflection
2. Following Jesus
3. Shepherding Others

The questions below are designed to help men go deeper in those areas.

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## Forming Healthy Triads & Accountability Groups

Before forming a smaller triad or accountability group, take time to establish the purpose, expectations, and basic ground rules together.

Do not assume everyone automatically shares the same expectations.

A healthy triad should create an atmosphere of:

- honesty
- trust
- encouragement
- consistency
- accountability
- spiritual growth

Before beginning, discuss together:

- the purpose of the triad
- expectations for participation
- confidentiality and trust
- respect for one another
- honesty and transparency

- encouragement rather than judgment

This does not need to become overly formal or complicated.

In many cases, a simple conversation and mutual agreement between the men is enough.

A handshake, shared understanding, and commitment to intentional growth can create a strong foundation for deeper discipleship and authentic accountability.

Healthy brotherhood is built intentionally.

Trust is built intentionally.

Growth is built intentionally.

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## **Personal Reflection Questions**

- What challenged me most this week?
  - What conviction stood out most strongly?
  - What habits or attitudes need to change?
  - What distractions may be pulling me away from intentional living?
  - Where am I struggling with consistency?
  - What fears, frustrations, or weaknesses surfaced this week?
  - What practical step do I need to take this week?
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## **Following Jesus Questions**

- What does this teach me about Jesus?
  - How can I better reflect Christ in my home and daily life?
  - Where is God calling me to trust Him more deeply?
  - What area of obedience is God pressing on my heart?
  - What would greater surrender look like this week?
  - How can I become more intentional in prayer and Scripture?
  - What spiritual habits need strengthening?
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## **Shepherding Others Questions**

- How can I better lead, serve, or encourage others?
- How can I shepherd my family more intentionally?
- Who needs encouragement or accountability from me?

- What conversations may I need to initiate?
  - How can I demonstrate Christlike leadership this week?
  - Where do I need greater patience, grace, or intentionality with others?
  - What practical action can I take to serve someone this week?
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## **Additional Triad & Accountability Questions**

- What area of life do I need the most accountability in right now?
- What patterns or struggles do I continue to battle repeatedly?
- Where do I tend to isolate myself spiritually or emotionally?
- What practical steps can I take toward greater consistency?
- How can we encourage one another more intentionally?
- What specific prayer requests or struggles should we continue praying about together?
- How can we challenge one another toward stronger leadership, integrity, and faithfulness?
- What does intentional brotherhood look like in everyday life?